

# Parkinson's Disease

We offer  
**FREE** consultations.

## Certification

Our Speech-Language Pathologists are nationally certified by the American Speech-Language-Hearing Association and are licensed in North Dakota and Minnesota. Our therapists are also certified in the Lee Silverman Voice Treatment (LSVT) LOUD.

## Insurance

Most insurance plans are accepted and flexible payment options are available.



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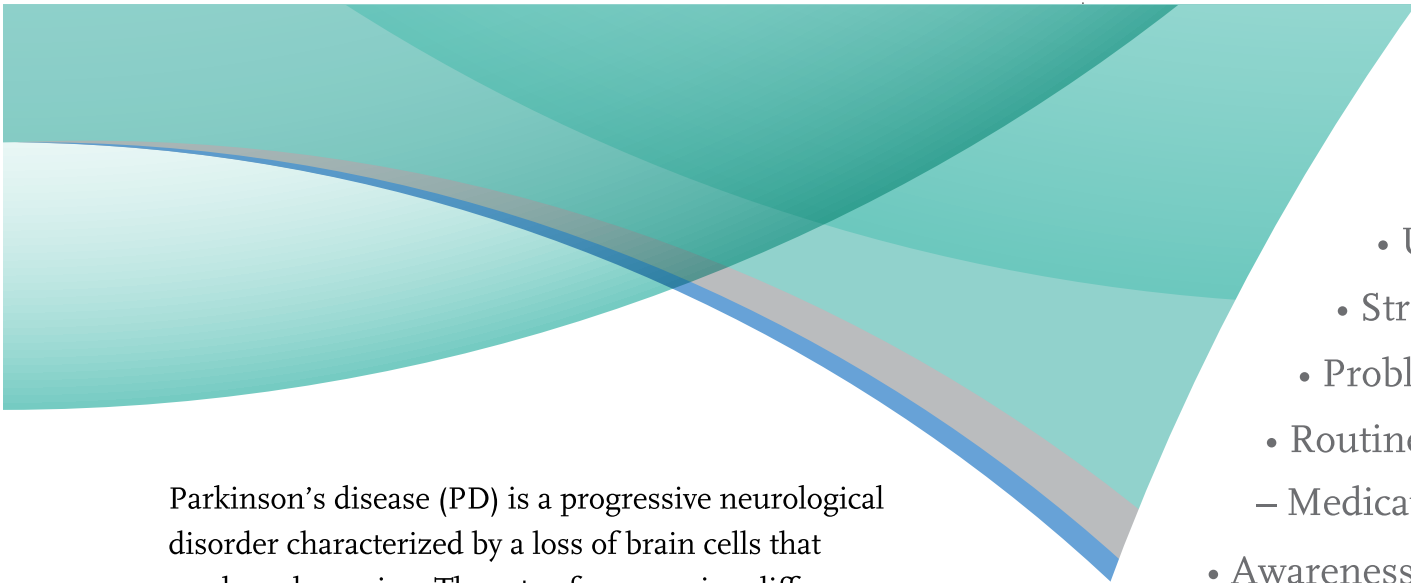


IMPROVE.

EMPOWER.

RENEW.





Parkinson's disease (PD) is a progressive neurological disorder characterized by a loss of brain cells that produce dopamine. The rate of progression differs among individuals. Symptoms usually impact the motor system and can also reduce cognition.

#### Symptoms of PD:

- Cognitive changes
  - Attention, memory, problem solving, and slowed thinking
- Decreased safety
- Challenges with reasoning
- Difficulty making decisions
- Muscle rigidity and/or tremors
- Loss of “automatic” movements
- Slowed movements
- Word finding difficulties
- Voice and speech changes
- Trouble swallowing
- Frequent coughing with food or liquids

#### Improve management skills:

- Understanding diagnosis and symptoms
- Strategies for memory
- Problem solving for safety and independence
- Routines
  - Medications, meals, hygiene, sleep
- Awareness and insight
- Swallowing safely
- Speech and voice
- Expression of needs, wants, and ideas
- Word finding
- Executive functioning
  - Planning, organization, initiation, and completion

## Our therapy goes beyond typical expectations.

We offer services that improve functioning, empower individuals, and renew lives.

## We develop a customized plan to achieve client-driven goals.

At Progressive Therapy Associates, we help individuals reach their potential. We understand the daily challenges and frustrations. Our customized approach balances both education and support, while developing the functional skills needed for everyday life.

